

**Important Program Dates**

All Classes will take place at Tabor Heights United Methodist

6161 SE Stark St, Portland, OR 97215

<b>OHSU Healthy Lifestyles Classes</b>	<b>Cooking Club/Nutrition Days</b>
<p>Each Thursday Time: 4:00 p.m. - 7:00 p.m.</p> <p>1/4/2018 1/11/2018 1/18/2018 1/25/2018 2/1/2018 2/8/2018 2/15/2018</p> <p>(an extra day is tentatively scheduled for wrap up if needed)</p>	<p>2 Saturdays per month Time: 10:30 a.m. - 2:30 p.m.</p> <p>1/6/2018 1/20/2018 2/3/2018 2/17/2018 3/3/2018 3/17/2018</p> <p><b>Filming Day</b> 3/24/2018</p>